Things to Think About

Please mark all areas of interest or concern

**Life Skills**
- Using basic appliances and tools
- Maintaining house and grounds
- Fitness/wellness/nutrition
- Appropriate dress
- Personal hygiene/grooming
- Social skills
- Safety
- Sex education
- Marriage, children, parents
- Preparing and consuming food
- Care of clothing
- Laundering of clothing
- Household cleaning
- Shopping
- Money management
- Care of medical condition
- Other ________________

**Social Skills**
- Handling praise and criticism
- Knowledge of physical self
- Self-confidence
- Aware of emotions
- Respect for others
- Respect for authority
- Appropriate behavior in public
- Honesty
- Developing friendships
- Listening and responding
- Other ________________

**Housing Options**
- Live alone
- Live with roommate
- Live with existing family
- Live with other family member
- Apartment
- House
- Supervised apartment/house
- Host home
- Group Home
- Other ________________

**Career Employment**
- Full/Part-time regular job (Competitive employment)
- Full/Part-time (Supported employment)
- Self-employment
- Volunteer work
- Customized Employment
- Military service
- Other ________________

**Employment Development**
- Awareness of job possibilities
- Understanding personal strengths and areas needed to work on
- Being mindful of work habits
- Appropriate behaviors
- Finding and keeping a job
- Knowing appropriate dress
- Other ________________
### Leisure/Recreation
- Community Center
- Recreational Programs
- Community Education Classes
- Clubs
- Team sports
- Hobby clubs
- Church groups
- Friendship circles
- Choosing and planning activities
- Independent Recreational Activities (Bowling, Tennis, etc.)
- Other ______________

### Transportation
- Driver’s License/access to car
- Walk/Ride/Bike
- Ride bus/taxi/train/Uber/Lyft
- Specialized service
- Finding way around community
- Knowledge of traffic rules
- Other ______________

### Education
- College or university
- Community college
- Technical college
- Vocational training
- Military job/skill training
- On-the-job training
- Other ______________

### Community Participation
- Voting
- Obeying Laws
- Locate and use local Businesses, Stores, Banks, Restaurants, Theaters, and Libraries
- Volunteer Work
- Other ______________

### Financial/Legal Concerns
- Earned Income
- Insurance
- Wills/Trusts
- Social Security Benefits
- Supplemental Security Income (SSI)
- Guardianship
- Bank Account
- Budgeting
- Understanding credit
- Paying bills
- Self-advocacy
- State identification (ID)
- PASS plan
- Other ______________

### Medical/Support Services
- Seeking medical/dental care
- Counseling
- Managing Personal Medications
- Personal Care Services (haircuts, etc.)
- Assistive Technology
- Other ______________