

Things to Think About

Please mark all areas of interest or concern

Life Skills

- Using basic appliances and tools
- Maintaining house and grounds
- Fitness/wellness/nutrition
- Appropriate dress
- Personal hygiene/grooming
- Social skills
- Safety
- Sex education
- Marriage, children, parents
- Preparing and consuming food
- Care of clothing
- Laundering of clothing
- Household cleaning
- Shopping
- Money management
- Care of medical condition
- Other _____

Social Skills

- Handling praise and criticism
- Knowledge of physical self
- Self-confidence
- Aware of emotions
- Respect for others
- Respect for authority
- Appropriate behavior in public
- Honesty
- Developing friendships
- Listening and responding
- Other _____

Housing Options

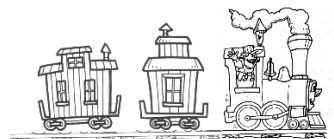
- Live alone
- Live with roommate
- Live with existing family
- Live with other family member
- Apartment
- House
- Supervised apartment/house
- Host home
- Group Home
- Other _____

Career Employment

- Full/Part-time regular job
(Competitive employment)
- Full/Part-time
(Supported employment)
- Self-employment
- Volunteer work
- Customized Employment
- Military service
- Other _____

Employment Development

- Awareness of job possibilities
- Understanding personal
strengths and areas needed to
work on
- Being mindful of work habits
- Appropriate behaviors
- Finding and keeping a job
- Knowing appropriate dress
- Other _____



Leisure/Recreation

- Community Center
Recreational Programs
- Community Education Classes
- Clubs
- Team sports
- Hobby clubs
- Church groups
- Friendship circles
- Choosing and planning activities
- Independent Recreational
Activities
(Bowling, Tennis, etc.)
- Other _____

Transportation

- Driver's License/access to car
- Walk/Ride/Bike
- Ride bus/taxi/train/Uber/Lyft
- Specialized service
- Finding way around community
- Knowledge of traffic rules
- Other _____

Education

- College or university
- Community college
- Technical college
- Vocational training
- Military job/skill training
- On-the-job training
- Other _____

Community Participation

- Voting
- Obeying Laws
- Locate and use local Businesses,
Stores, Banks, Restaurants,
Theaters, and Libraries
- Volunteer Work
- Other _____

Financial/Legal Concerns

- Earned Income
- Insurance
- Wills/Trusts
- Social Security Benefits
- Supplemental Security Income
(SSI)
- Guardianship
- Bank Account
- Budgeting
- Understanding credit
- Paying bills
- Self-advocacy
- State identification (ID)
- PASS plan
- Other _____

Medical/Support Services

- Seeking medical/dental care
- Counseling
- Managing Personal Medications
- Personal Care Services (haircuts,
etc.)
- Assistive Technology
- Other _____

