INDIVIDUAL & FAMILY SUPPORT PROGRAM CONTACTS

2015

(Individual & Family Support services are managed by local volunteer councils whose membership may change. To identify the local contact person it is helpful to call one of these regional contacts)

REGIONAL CONTACTS:

REGION I
Ms. Diane Bingham Mills (931) 438-4387
Chair: Ms. Gail Browning (256) 492-4665

REGION II
Ms. Sheila Smalley (205) 486-6639 x22
Chair: JoAnn Craighead (205) 926-5279
or (205) 928-4729

REGION III
Dr. Jerry Oveson (251) 438-1609
Chair: Ms. Lillian W. Wassman (251) 653-9328
or (205) 928-4729

REGION IV
Ms. Beverly Peterson (334) 475-3951
Chair: Ms. Noreen MacCabe (334) 347-2457

REGION V
Ms. Mollie Bearden (256) 268-9574
Co-Chair: Ms. Mollie Bearden

LIST OF COUNTIES BY DMH REGION

**Region I**
Lauderdale, Limestone, Madison, Jackson, Franklin, Lawrence, Morgan, Marshall, DeKalb, Colbert, Cullman, Etowah, Cherokee

**Region II**
Marion, Winston, Lamar, Fayette, Walker, Pickens, Tuscaloosa, Greene, Hale, Sumter, Marengo, Choctaw, Bibb

**Region III**
Mobile, Baldwin, Escambia, Conecuh, Monroe, Clarke, Washington, Wilcox, Dallas, Perry

**Region IV**

**Region V**
Chilton, Coosa, Clay, Randolph, Cleburne, Talladega, Shelby, Jefferson, St. Clair, Calhoun, Blount
INDIVIDUAL & FAMILY SUPPORT

WHERE WE’VE COME FROM

In 1992, a grassroots coalition sprang up across Alabama to examine and redirect the way we provide supports and services to people with developmental disabilities. The FACES (Families and Consumers Establishing Supports) coalition, including people with disabilities, their family members, friends and advocates have embraced a powerful statement of values and goals for the State of Alabama.

* We believe that children, regardless of disability, need families and enduring relationships with adults in a nurturing home environment. As with all children, children with disabilities need families and family relationships to develop to their fullest potential.

* We believe that adults with developmental disabilities should be afforded the opportunity to live in homes of their own choosing and in their own communities, where they can exercise their full rights and responsibilities as citizens.

* We believe that people with disabilities and their families are best able to determine their own needs, and should be empowered to make decisions concerning necessary, desirable and appropriate services.

* We believe that supports must be provided in ways that build on existing social networks and natural sources of support, that strengthen the capacity and the integrity of the family, and that can accommodate unique needs.

That’s what individual and family supports are all about. They are the services, supports and attitudes which enable people with disabilities and their families to participate fully in the everyday activities of urban and small-town life across our state.