



Our Mission:

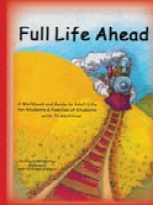
To establish, maintain and co-ordinate a national network of professionals, service providers and resources that will help those with life altering disAbilities to envision a more meaningful and productive life through evaluations, education and encouragement.

Who Benefits?

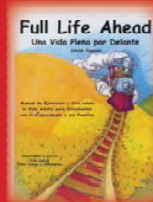
- 1) Individuals with disAbilities
- 2) Parents
- 3) Siblings
- 4) Educators
- 5) Counselors
- 6) Service Providers
- 7) Physicians
- 8) Advocates
- 9) Anyone involved with individuals with disAbilities

We encourage families to begin planning for the future as early as possible. It is never too soon to begin planning for a **Full Life Ahead!!!**

Full Life Ahead Workbooks



English Version
\$20.00 plus shipping



Spanish Version
\$15.00 plus shipping

**Where hope lives,
there is a way.**

For more information about the Full Life Ahead Foundation of Hope please visit our website:

www.FullLifeAhead.org



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Full Life Ahead

Foundation of H.O.P.E.

Helping Other People Envision
Helping Other People Envision



Who We Are...

The Full Life Ahead Foundation of Hope began with the publication of a book co-authored by Judy Barclay & Jan Cobb. The passion to create “Full Life Ahead: A Workbook and Guide to Adult Life for Students with disAbilities and Their Families,” came from the desire to share information and knowledge they struggled to gain while helping their own children accomplish their own individual HOPES, DREAMS, and great EXPECTATIONS for life.

As parents of children with disAbilities, we understand the challenges and frustrations that never go away; the seemingly simple tasks that become monumental and constantly hearing the words “NO!” “THEY CAN’T” and “NEVER.”

The Workbook contains all the areas of adult life that should be considered to live as independently as possible. Today the workbooks are purchased all over the country by schools, service providers and families. Within Alabama we’ve developed an extensive network of people to help an individual with a disAbility achieve his/her dreams and life goals.

The doors of The Full Life Ahead Foundation have been open for seven years now and the number of individuals and families our organization services is growing on a daily basis!

What We Do...

We help you follow an achievement process which generates amazing results:

HOPE! Our experience is that nothing happens without HOPE. Among all of the day to day duties and must do’s, the time to HOPE seems to be pushed out and minimized. When an individual has HOPE, they can...

DREAM! What is the future about? Is it about what the individual DREAMS to do or what someone else dreams? People with disAbilities have DREAMS for the future that need to be nurtured. When they have a DREAM it is time to start...

PLANNING! Individuals can create a life plan. How will they ever know the road until they know the destination? What supports are necessary to achieve the DREAM? Look around and find a...

COMMUNITY! Many times, the community wants to help but doesn’t know how. The Full Life Ahead Workbook explains how an individual with a disAbility can find and nurture a support group within a COMMUNITY and take the proper...

ACTION STEPS! These steps lead to achievement, a major focus in the process. It gives an individual with a disAbility, their family, teachers, community and service providers HOPE; and HOPE breeds a bigger DREAM...

How We Do It...

The Full Life Ahead Foundation is a 501(c)(3) non-profit organization, formed in May of 2002 for the purpose of assisting students with disAbilities and their families in planning and achieving a Full Life after high school.

You might ask, “How do you do it?” We hold interactive workshops that include training for individuals with disAbilities, their parents, service providers, and many others. We open the door to explore every aspect of life an individual can experience.

The Full Life Ahead Foundation has formed a Hope Network of service providers and partners with other organizations on issues such as Employment, Social Security, Education, and much more. Our goal is to change the systems (in which many individuals with disAbilities get lost) through collaboration with educators, Vocational Rehabilitation, medical professionals, job coaches, and others in the community. We want to give individuals and their families not only HOPE, but also the tools they need to make change happen for them.

Hope Supporters

In order for The Full Life Ahead Foundation to continue its success, we solicit funding through grants, donations, and fundraising. A major Auction fundraiser is held annually. Many corporations and private foundations award grants to support the programs and services we offer to individuals with disAbilities and their families.